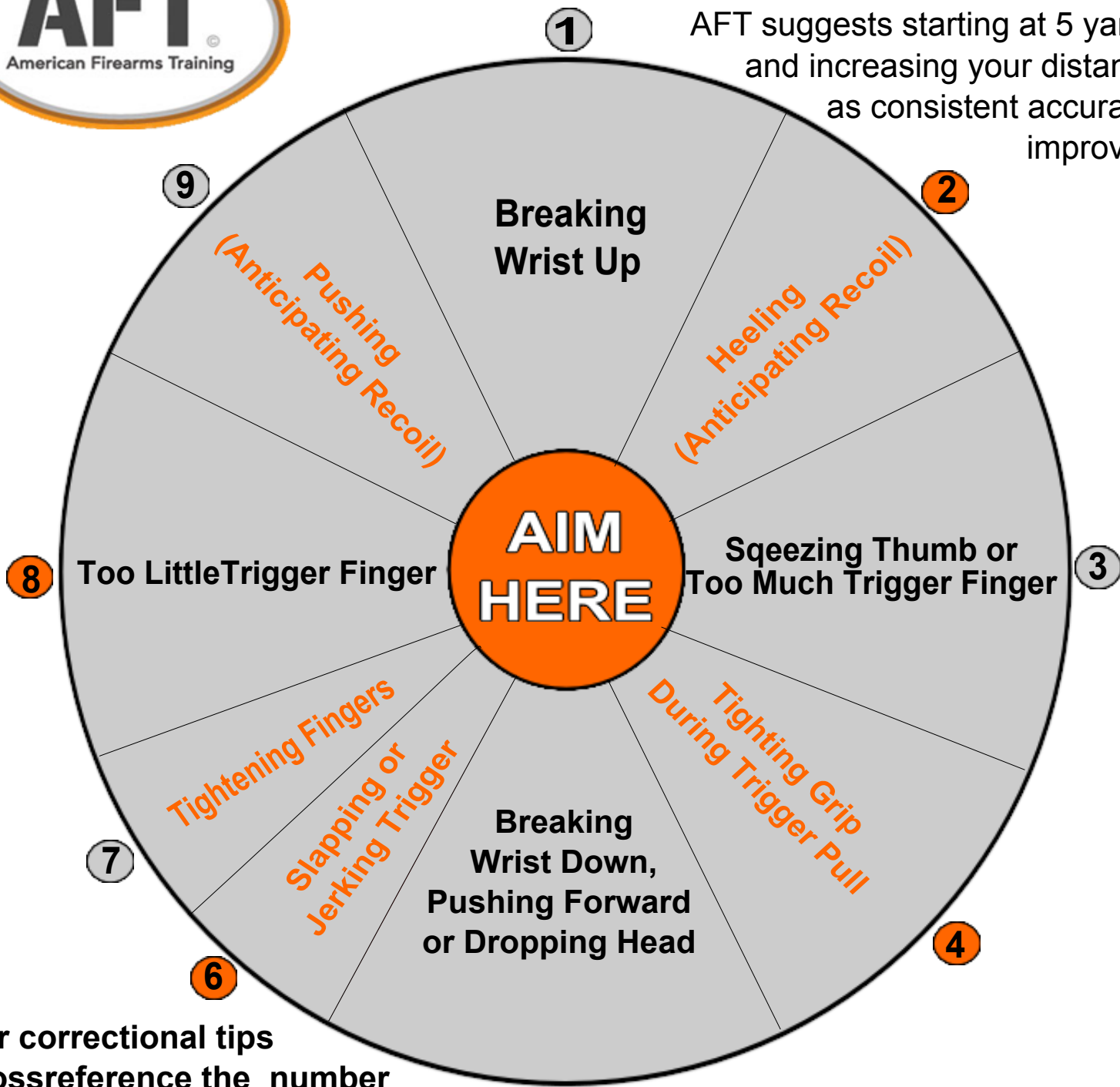




Pistol Diagnostic Testing Target

AFT suggests starting at 5 yards and increasing your distance as consistent accuracy improves.



For correctional tips crossreference the number of the pie slice with the below list.

- 1. Hold wrist at a firm natural angle.
- 2. Do not anticipate recoil; do not push. heel of hand forward when shot breaks.
- 3. Rest shooting hand thumb firmly on top of other thumb; press trigger in one fluid motion.
- 4. Maintain a continuous steady grip.
- 5. Hold wrist firm at natural angle; keep your head up; do not anticipate recoil.
- 6. Press trigger straight back smoothly; do not hurry shot.
- 7. Only move trigger finger.
- 8. Press trigger in one fluid motion.
- 9. Contact trigger with the middle of the first finger pad; press trigger smoothly; follow through.